

31st ANNUAL ALZHEIMER'S CONFERENCE



and



WALLACE
COMMUNITY
COLLEGE

Present

**The Sacred Journey of Caregiving –
Facing It Together**

**Tuesday, April 21, 2020
8 a.m. – 3:00 p.m.
(Registration begins at 7:30 a.m.)**

**Dothan Civic Center
126 North Saint Andrews Street
Dothan, Alabama 36303**

RETURN SERVICE REQUESTED

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[] Yes, register me for the 31st Annual Alzheimer's Conference #831-031 on April 21, 2020.

**FEE: \$75 with CEUs
(Partial CEUs will not be given.)
\$25 without CEUs
Includes Lunch**

Social Security # _____ Last Name _____ First Name _____ Initial _____

Mailing Address _____ City _____ State _____ Zip Code _____

Workplace _____ Position _____

Home Phone _____ Work Phone _____ E-mail Address _____

Male _____ Female _____ Race _____ Birthdate: Month _____ Day _____ Year _____

Payment Method: _____ Check (payable to Wallace Community College) _____ Gold Sponsor \$500
 _____ VISA/Master Card/Discover _____ Silver Sponsor \$250
 _____ Exhibitor \$100

VISA/Master Card/Discover # _____ Exp. Date _____ Card Holder Signature _____ Security Code _____

Mail form to: Wallace Community College, Attn: Kecia Forehand 1141 Wallace Drive, Gary Hall, Dothan, AL 36303
 If you require any special accommodations under ADA, please let us know.

Send to: Alzheimer's Resource Center, Inc.
PO Box 1170, Dothan, AL 36302

To Register by Phone:
Use VISA/ MasterCard/Discover
Call: 334-556-2205
FAX: 334-984-2132

CONFERENCE INFORMATION

Advance Registration Requested

FEE: \$ 75 with CEUs (includes lunch)
\$ 25 without CEUs (includes lunch)
(Partial CEUs will not be given.)

The registration fee includes conference, breaks, lunch, and certificate of completion. Registration information is on the back of this brochure. To register using MasterCard, Discover, or Visa, call Kecia Forehand at 334-556-2205 or mail check with registration form to: Wallace College, Attn: Kecia Forehand, 1141 Wallace Drive, Gary Hall, Dothan, AL 36303.

CONTINUING EDUCATION UNITS:

Wallace Community College is an approved provider of continuing education for the Alabama Board of Nursing (ABNP0035-exp. 3/2021). RN/LPN's and OT's are approved for 7.2 contact hours.

CEUs pending approval for up to 6 contact hours: certified counselors, social workers, speech therapists, nursing home administrators, and assisted living administrators.

Physical therapists and physical therapist assistants must follow the guidelines set forth in the Alabama Code 700-X-2.09.

WITHDRAWALS & REFUNDS:

Written notice of withdrawal is required one week prior to conference for refund. Mail to: Wallace College, Attn: Kecia Forehand, 1141 Wallace Drive, Dothan, AL 36303. No other refund will be available.

DIRECTIONS:

The Dothan Civic Center is located on the corner of East Main Street and North Saint Andrews Street. It is one block east of the Houston County Court House.

SPONSORS:

Alzheimer's Resource Center and Wallace Community College Continuing Education Department.

AGENDA

7:30 – 8:00	Registration and Sign-in Exhibits and Refreshments Welcome-Kay Jones, Executive Director, Alzheimer's Resource Center
8:00 – 9:00	Caregiving – A Sacred and Personal Journey for Both Family and Professional Caregivers
9:00 – 10:00	Denial – Warning Signs that Could Cost Lives
10:00 – 10:15	Refreshments and Exhibits
10:15 – 11:15	The Emotional Roller Coaster of Caregiving
11:15 – 12:15	When Is It No Longer Safe to Live Alone?
12:15 – 1:00	Lunch and Exhibits
1:00 – 2:00	Emotional Issues of the Elderly
2:00 – 3:00	Saying Good-bye and Bringing Closure

GUEST SPEAKER:

Sandra W. Haymon, Ph.D., Licensed psychologist, author, and international speaker pioneering the field of caregiving for more than 20 years. She has appeared on numerous television and radio shows including ABC's "Good Morning America." Her most recent book is *Baby Boomers-Sandwiched Between Retirement and Caregiving*.

PLEASE NOTE:

Since temperatures may vary, please wear layered clothing.

ABOUT THIS CONFERENCE

WHEN: Tuesday, April 21, 2020
TIME: 7:30 - 8:00 Sign-in & Walk-in
Registration, if seating available
8:00 - 3:00 Conference
WHERE: Dothan Civic Center
126 N. Saint Andrews Street
Dothan, AL 36303

CONFERENCE OBJECTIVES:

At the conclusion of this conference, participants will have knowledge of:

- What makes caregiving a sacred and personal journey for both family and professional caregivers
- What denial is and how it impacts caregivers' decisions and the lives of others
- How to exchange being overwhelmed for making clear, informed decisions
- How to get off the emotional roller coaster of caregiving
- How to assess an individual's needs and level of functioning
- How to evaluate an individual's ability to safely live alone
- How to uncover alcohol and drug problems
- Pros and cons of various living arrangements
- How to help others find value and meaning in their lives
- How to empower others to resolve past issues, to forgive, and to accept forgiveness
- How to help someone set goals for final stages of life
- How to say good-bye, bring closure, and let go